

**RETURN-TO-WORK PHYSICAL ASSESSMENT REPORT - MECHANIC**

School District No. 85 (Vancouver Island North)  
(t) (250) 949-8155 (fax) (250) 949-7496

*I authorize the physician, whom I have attended, to release to School District No. 85 Health and Safety and Payroll Departments information requested in the physician's section of this form. School District No. 85 may release the information contained on this form to any third party who has an interest in assessing my medical fitness to return to work and/or entitlement to benefits.*

**Employee's Name: (please print)** \_\_\_\_\_ **Signature:** \_\_\_\_\_

**Name of attending Physician :( please print)** \_\_\_\_\_

**Physical limitations of injured worker:**

**Service/repair parts washers**

- Requires the use of one hand to undo drain plugs and nozzles. Light duty use of the second hand (under 10 pounds) for short duration of time.
- May require use of both hands to stabilize equipment on work bench.
- Involves the use of hand tools for one hand only.

**Service/repair misc. shop equipment**

- Requires the use of one hand to undo drain plugs. Light duty use of the second hand (under 3 pounds) for short duration of time for pouring oil.
- May require use of both hands to stabilize equipment on work bench.
- Involves the use of hand tools for one hand only.

**Organize stock room**

- Requires the occasional use of both hands but limited to lifting weights less than 10 pounds with the injured hand.
- Correct marking and labelling of parts boxes.
- Identifying stock shortage while organizing.

**Other**

**Other**

**General check over/repairs to summer equipment**

- General check over of summer equipment, rotate between a visual inspection and hands on repair, limiting the use of the right hand to not lifting more than 10 pounds and no repetitious movement.

**Clean and service power Hacksaw**

- Change blade and clean the metal shavings
- Identifying and listing major repairs that need to be completed.

**Check and replenish shop supplies**

- Restock the day to day supplies that are depleted in the shop and the Westside compound.

**Service/repair sand blaster cabinet**

- Drain, clean and repair of this equipment will require light duty service, however the heavy lifting of refill sand will require assistance.

**Service Mig Welder**

- Check liner and spool, lubricate rollers

**Clean Tool crib**

- Organize hand tools to proper location identify if racks need to be built.

**Other**

**Comments:** \_\_\_\_\_

**Anticipated date able to return to full duties:** \_\_\_\_\_

Worker can rotate between their regular duties for \_\_\_\_\_ hours and modified work for \_\_\_\_\_ hours (each day) to ensure safe transition upon return to full regular duties.

**Physician's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Physician's Phone Number:** \_\_\_\_\_ **Physician's Address:** \_\_\_\_\_