

# **APPENDIX “A”**

- **HIGH RISK ACTIVITIES**
- **SCHOOL CONSENT AND WAIVER FORM**
- **SCHOOL SPONSORED TRIP CONSENT FORM**
- **SD No. 85 APPLICATION FOR FIELD, ATHLETIC OR CULTURAL ACTIVITY**

## HIGH RISK ACTIVITIES

“Out-of-Province/In-Province, 5-Day or More and High Risk Activity” trips consent and waivers are to be completed by parents and returned to the schools. The School District No. 85 Application Approval Form must be completed by the Principal and submitted to the Assistant Superintendent for the Board’s approval.

Activity	Administrative Regulations
<b>1. Skiing / Snowboarding</b>	<ol style="list-style-type: none"> <li>1. All students must wear CSA approved helmets</li> <li>2. All students must take lessons</li> <li>3. All students must wear monitored ski passes</li> <li>4. Student “check-ins” must occur 2 times during the field trip, including a mid-day check-in</li> <li>5. All students must carry personal identification</li> </ol>
<b>2. Kayaking / Canoeing</b>	<ol style="list-style-type: none"> <li>1. All students must take lessons</li> <li>2. All students must wear CSA Approved lifejackets</li> <li>3. All students must have basic swimming skills</li> </ol>
<b>3. Rock / Wall Climbing</b>	<ol style="list-style-type: none"> <li>1. Students are to be climbing one person at a time</li> <li>2. All students must wear a harness and a helmet</li> <li>3. All students must have parent-signed waiver form from the company</li> </ol>
<b>4. Boat Trips</b>	<ol style="list-style-type: none"> <li>1. Small Craft: CSA Approved lifejackets must be worn by all students</li> <li>2. Large Craft: CSA Approved lifejackets must be provided for all students</li> <li>3. All students must have safety training</li> </ol>
<b>5. Other Activities are Under Consideration</b>	

**SCHOOL DISTRICT NO. 85  
(VANCOUVER ISLAND NORTH)**

**SCHOOL CONSENT AND WAIVER FORM**  
For Child Participating In High Risk Activity

*In consideration of School District No. 85 (Vancouver Island North) offering my child, \_\_\_\_\_, an opportunity to participate in a school sponsored trip for Grade \_\_\_\_ students on month/date/year, I waive any and all claims I may have against, and release from all liability and agree not to sue The Board of Education of School District No. 85 and its officers, employees, agents, volunteers and representatives, and the Ministry of Education for any personal injury, death, property damage or loss sustained as a result of my child's participation in the school sponsored trip, arising out of any cause including negligence, but not including gross negligence and/or willful misconduct of the Board of Education of School District No. 85 and its offices, employees, agents, volunteers and representatives of the Ministry of Education.*

\_\_\_\_\_ Initial

I hereby give my consent, and acknowledge by my signature that:

1. Students will be going to \_\_\_\_\_ (location), and will be away from the school from \_\_\_\_\_ to \_\_\_\_\_ (times). They will be traveling by \_\_\_\_\_

*(i.e. school bus, public transport, foot).*

\_\_\_\_\_ Initial

On this trip, up to \_\_\_\_\_ (number) students will be: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*(describe all activities – i.e. skiing, hiking, walking, using climbing apparatus, cooking meals on camp stoves, tenting)*

\_\_\_\_\_ Initial

The students will be supervised by \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(a typical response might be “2 school employees and hopefully 2 - 4 parent volunteers”. It is important to indicate supervisory arrangements that will not be modified or reduced. For instance, consider whether the trip will proceed even if there are no parent volunteers, or if a specific teacher is sick, but a substitute is available. \*\* With older grades, you should add a sentence saying: Your child will not necessarily be supervised by an adult at all times.)

\_\_\_\_\_ Initial

**(above information to be completed by the school principal and supervising employee)**

2. My child has no illnesses, allergies or disabilities that may require special attention, except as described here:

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\_\_\_\_\_ Initial

3. I am aware of the usual risks and dangers inherent in participation in all of the activities associated with this trip, and of the possibility of personal injury, death, property damage or loss resulting from the activities. The dangers and risks may include, but are not limited to: \_\_\_\_\_

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*(provide specific and comprehensive information on any risks that are applicable. Some examples follow.)*

1. *Unorthodox or high risk travel arrangements* **(to be completed by the Principal)**
2. *Program locations*
3. *Rugged terrain*
4. *Rock fall and avalanches*
5. *Weather*
6. *Equipment breakages, failures*
7. *Delayed rescue, accessibility*
8. *Conduct of the guide, chaperone or other group members.*
9. *The possibility that your child may not heed safety instructions or restrictions given to the group.*

\_\_\_\_\_ Initial

4. I will supply suitable equipment and clothing for my child's participation in all activities associated with the field trip, including:

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I am aware that I should contact the school for further information if I am unaware what clothing and equipment is required for the activities or possible weather conditions of this field trip. My child and I understand that it is our responsibility to ensure my child has all necessary equipment and clothing.

\_\_\_\_\_ Initial

5. My child and I understand that the school's Code of Conduct applies during this school sponsored trip. I will be responsible for any costs caused by my child's failure to abide by the Code of Conduct, including any costs to send my child home.

\_\_\_\_\_ Initial

6. Accidents can be the result of the nature of the activity and can occur with or without any fault on either the part of the student, or the school board or its employees or agents, or the facility where the activity is taking place. By allowing your son/daughter to participate in this activity, you are accepting the risk of an accident occurring, and agree that this activity, as described above, is suitable for your child.

\_\_\_\_\_ Initial

7. The school district does not provide any accidental death, disability, dismemberment or medical expenses insurance on behalf of students.

\_\_\_\_\_ Initial

8. In signing this Consent and Waiver Form, I am not relying on any oral or written representation or statements made by the School Board and its servants, agents, employees, or authorized volunteers, or the Ministry of Education, to induce me to permit my child to take the trip, other than those set out in this Consent and Waiver Form.

\_\_\_\_\_ *Initial*

9. I am 19 years of age or more and have read and understand the terms of this consent and waiver form, and understand that it is binding upon me, my heirs, executors and administrators.

Date: \_\_\_\_\_

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Printed Name of Witness

\_\_\_\_\_  
Printed Name of Parent/Guardian

\_\_\_\_\_  
Address

\_\_\_\_\_  
Address

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

***NOTE: This consent and waiver form must be signed by one custodial parent or guardian of a child who is under the age of 19 years.***

**SCHOOL DISTRICT NO. 85  
(VANCOUVER ISLAND NORTH)**

**SCHOOL SPONSORED TRIP CONSENT FORM**

1. The school/class is arranging a school sponsored trip for students in Grade \_\_\_\_\_ on \_\_\_\_\_  
(mm/dd/yy).
  
2. We will be going to \_\_\_\_\_ (location), and will be away from the school from \_\_\_\_\_ to \_\_\_\_\_ (times). We will be travelling by \_\_\_\_\_  
(i.e. school bus, public transport, foot).
  
3. On this trip, we will be:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
(describe activities – a trip to a park might include hiking, walking, using climbing apparatus, eating lunch, etc.).
  
4. Students will need to bring: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
5. The class will be supervised by \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
(a typical response might be “2 school employees and hopefully 2 - 4 parent volunteers”. It is important to indicate supervisory arrangements which will not be modified or reduced. For instance, consider whether the trip will proceed even if there are no parent volunteers, or if a specific teacher is sick, but a substitute is available. **\*\*With older grades, you should add a sentence saying: Your child will not necessarily be supervised by an adult at all times.**)
  
6. If you do not wish your child to accompany his or her class on this trip, please contact the principal who will arrange an alternate educational program.

Accidents can be the result of the nature of the activity and can occur with or without any fault on either the part of the student, or the school board or its employees or agents, or the facility where the activity is taking place. By allowing your son/daughter to participate in this activity, you are accepting the risk of an accident occurring, and agree that this activity, as described above, is suitable for your child.

7. The school district does not provide any accidental death, disability, dismemberment or medical expenses insurance on behalf of students.

I give permission for \_\_\_\_\_  
*(name of student)*  
to participate in the school sponsored trip to \_\_\_\_\_  
\_\_\_\_\_ on \_\_\_\_\_  
*(mm/dd/yy).*

I understand that my child may be exposed to certain risks while participating in this activity.  
Accidents and injuries may occur.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed name of Parent/Guardian

\_\_\_\_\_  
Address of Parent/Guardian

# **APPENDIX “B”**

## **GUIDELINES FOR SPECIFIC TYPES OF HIGH RISK ACTIVITIES**

- **Boating/Sailing**
- **Kayaking**
- **Canoeing**
- **Skiing**
- **Snowboarding**



# GUIDELINES FOR SPECIFIC TYPES OF HIGH RISK ACTIVITIES

## Appendix B: #1 - Water Safety

### 1A. Swimming Activities:

For field trips involving swimming activities, the principal must ensure that the activity is adequately supervised by a person or person with valid lifesaving certification\* (Bronze Cross Level – age 16 and over). \*A student with valid certification may act as a lifeguard providing the activity is supervised by an adult.

### 1B. Waterfront Precautions:

- a) The water should be checked for pollution, dangerous snags, current and depth before swimming and diving activities take place.
- b) The buddy system should be used. Impress on all swimmers the reasons for observing swimming rules and require obedience to these rules.
- c) Swimming alone or after dark is forbidden.
- d) Waterfront assistants should be posted around the swimming area where they can keep their undivided attention on the swimmers. There should be one waterfront assistant for every ten swimmers.
- e) A lifeline, reaching pole, or boat should be kept easily accessible to the swimming area.
- f) Wherever possible, a swimming area should be marked out by ropes, buoys, or natural markers. Each swimmer should know their swimming boundaries based on their swimming ability.
- g) Swimming should be organized in manageable groups.
- h) Long-distance swimming should be done in swimming areas.

### 1C. Boating (Sailing/Kayaking/Canoeing)

All students involved in boating activities should have swimming skills. All participants (students and school board employees) in boating activities must wear Ministry Of Transport (M.O.T.) Approved Life-Jackets or Type I Approved Personal Flotation Device's (P.F.D's).

For boating activities involving canoeing or kayaking, the adult instructor must have appropriate certification.

Schools should be aware of the kind of organization and care that should be taken for higher risk activities [such as kayaking] if the school wishes to organize them for students. (Please refer see sample Kayaking approval letter. District staff can provide some assistance in this regard.)

## 1C.1: Boating Requirements:

### **Note: The following applies to all boats.**

- a) Current small boat regulations of the Federal Ministry of Transport and current provincial and local regulations, where such exist, should be observed at all times.
- b) All participants involved should have some basic swimming skills and wear an approved PFD.
- c) Weather conditions must be suitable for open water use of kayaks or canoes.
- d) Each boat must be checked for worthiness, fitted with a painter (bow rope), carry a bailer and spare paddles or oars, have enough approved PFDs for each boater, a buoyant heaving line (15m), a sound-making device louder than voice, navigation light (after sunset or before sunrise).
- e) The number of people in each boat must be in accordance with the type of boat.

## 1D.2: International Scale of River Difficulty

*(from Appendices of ORCA Instructor's Manual – 2000; [www.canoeclub.barrie.on.ca/mwvscale.htm](http://www.canoeclub.barrie.on.ca/mwvscale.htm))*  
*This is a North American version of a rating system used to compare river difficulty throughout the world. These guidelines offer a general classification for rivers, but be aware that the system is not exact. Rivers do not always fit neatly into the various classifications, and regional interpretations of classification system may create misunderstandings. There is no substitute for a cautious approach to rivers with which a paddler is unfamiliar.*

### **CLASS 1: Easy (Permission needed from Superintendent or designate)**

- Fast moving water with riffles and small waves.
- Few obstructions, all obvious and easily missed with little training.
- Risk to swimmers is slight; self-rescue is easy.

### **CLASS II: Novice (Permission needed from Superintendent or designate)**

- Straightforward rapids with wide, clear channels which are evident without scouting.
- Occasional maneuvering may be required, but rocks and medium-sized waves are easily missed by trained paddlers.
- Swimmers are seldom injured and group assistance, while helpful, is seldom needed.
- Rapids that are at the upper end of this difficulty range are designated "Class II+".

### **CLASS III: Intermediate (Permission needed from Superintendent or designate)**

- Rapids with moderate, irregular waves which may be difficult to avoid and which may swamp an open canoe.
- Complex maneuvers in fast current and good boat control in tight passages or around ledges are often required; large waves or strainers may be present, but are easily avoided.
- Strong eddies and powerful current effects can be found, particularly on large volume rivers.
- Scouting is advisable for inexperienced parties.

**CLASS IV (Advanced), V (Expert), VI (Extreme and Exploratory) – NOT TO BE ATTEMPTED BY SCHOOL GROUPS.**

**CLASS IV: Advanced**

- Intense, powerful but predictable rapids requiring precise boat handling in turbulent water.
- Depending on the character of the river, it may feature large, unavoidable waves and holes or constricted passages demanding fast maneuvers under pressure.
- A fast, reliable eddy turn may be needed to initiate maneuvers, scout rapids, or rest.
- Rapids may require "must" moves above dangerous hazards. Scouting may be necessary the first time down.
- Risk of injury to swimmers is moderate to high, and water conditions may make self-rescue difficult. Group assistance for rescue is often essential but requires practiced skills. A strong Eskimo roll is highly recommended.
- Rapids that are at the lower or upper end of this difficulty range are designated "Class IV- or Class IV+", respectively.

**CLASS V: Expert**

- Extremely long, obstructed or very violent rapids which expose a paddler to added risk.
- Drops may contain large, unavoidable waves and holes or steep, congested chutes with complex, demanding routes.
- Rapids may continue for long distances between pools, demanding a high level of fitness.
- What eddies exist, may be small, turbulent or difficult to reach.
- At the high end of the scale, several factors may be combined.
- Scouting is recommended, but may be difficult.
- Swims are dangerous and rescue is often difficult, even for experts.
- A very reliable Eskimo roll, proper equipment, extensive experience, and practical rescue skills are essential.
- Because of the large range of difficulty that exists beyond Class IV, Class V is an open-ended, multiple level scale designated by Class 5.0, 5.1, 5.2, etc. Each of these levels is an order of magnitude more difficult than the last. Example: increasing difficulty for Class 5.0 to Class 5.1 is a similar order of magnitude as increasing from Class IV to Class V.

**CLASS VI: Extreme And Exploratory**

- These runs have almost never been attempted and often exemplify the extremes of difficulty, unpredictability and danger.
- The consequences of error are very severe and rescue may be impossible.
- For teams of experts only, at favourable water levels, after close personal inspection and taking all precautions.
- After a Class VI rapid has been run many times, its rating may be changed to an appropriate Class 5.x rating.

## 1C.3: Canoeing and Kayaking Regulations:

### I. Supervision:

Because of the nature of these activities, the instructors must always take great care during basic canoeing and kayaking. Unlike many other activities, students are on their own in the canoe or kayak, the instructor who is also in a boat, but some distance away cannot easily remedy their mistakes and errors. These errors can result in either damaged boats or lost paddles which in turn can curtail the lesson or out trip. With this in mind it is therefore mandatory that instruction be given on very quiet water.

- 1) All students involved in boating activities should have swimming skills.
- 2) Teachers must check all life jackets and other equipment before leaving the school, ensuring that there are sufficient numbers of the former and that spare paddles, etc. are all in good condition.
- 3) Before embarking on to the water, teachers must brief students on emergency procedures.
- 4) Teacher/pupil ratio for canoeing will not be more than 1:6 at the elementary school level on grade one water only. Unless a high level of expertise exists on the part of a teacher of an elementary class, this activity should be left until the student reaches the secondary level. The Superintendent (or his nominee) will make his judgment with this point in mind. Instruction ratio for flat water is 1:6, ocean boating is 1:5, and trips are 2:10 (i.e. all trips have at least two adult supervisors).
- 5) In only exceptional circumstances will permission be granted for trips entailing passages in grade three water. The teacher/pupil ratio must not exceed 1:6. Under no circumstances will students be allowed to experience water graded Class 4 – 6.
- 6) All rivers, lakes, and ocean (salt water) trips must be reconnoitered by teachers prior to use in any given year.
- 7) Swimming at canoeing or kayaking sites must be supervised by a person with valid bronze cross life saving certificate. A student with a valid certificate may act as a life guard under supervision of an adult. The “buddy system” must be used.
- 8) There will be no solo canoeing or kayaking by anyone during activities sponsored by the Vancouver Island North School District. On lakes and ocean, at least three boats will operate together; whilst on rivers at least four boats will be used.
- 9) Approval will not be given for this activity unless the instructor has met the following requirements. (Because of the nature of the activity, these requirements are admittedly very demanding). A letter of approval must be authorized by the Superintendent prior to any kayaking activities (See example in Appendix B).
  - a) Flat water, pupil/teacher ratio of 1:6, ocean boating is 1:5 and trips are 2:10 (i.e. all trips have at least two adult supervisors). This ratio might vary slightly according to the experience of the instructor.

- b) Permission will not be granted unless the instructor has completed an introductory course of 40 hours and possesses at least six months experience subsequent to the course.
- c) Only in exceptional cases will permission be granted for anything but flat-water excursions.

## **II. Inservice:**

All teachers must prove their competency to the Superintendent of Schools (or his nominee) by one of two means.

- 1) by personal interview
- 2) be the holder of a provincially certified canoe or kayak instructor's certificate.

## **III. Equipment:**

- 1) All life jackets (PFDs) worn by the participants must be approved by the federal Department of Transport.
- 2) All participants must wear suitable footwear while on or in the water.
- 3) All boats must be fitted with sufficient buoyancy to support the full permitted crew and equipment when water-logged.
- 4) A first aid kit, repair kit and spare supplies must be carried for the party by members of the party.
- 5) Each canoe will carry a spare paddle.
- 6) Teachers must check boat trailers before use and ensure that all equipment and canoes are safety secured. Trailer ball, light hook-up and the safety chain must be checked before use.

## **IV. General Requirements:**

- 1) All participants should be made aware of basic paddling skills.
- 2) Most canoes are two-man boats; do not load a canoe beyond its certified capacity.
- 3) All lakes are subject to sudden and violent winds. Travel on lakes should be confined to the shoreline.
- 4) Various obstructions in rivers (dead-heads, log jams, rapids, gravel bars) constitute hazards. Always scout ahead on land.
- 5) Split large groups into smaller groups on rivers and travel with groups spaced well apart. Ensure an even distribution of experience.
- 6) The preferred minimum is in groups not less than three.
- 7) Life jackets (PFDs) must be worn and should be MOT (Ministry of Transport) approved.
- 8) Never attempt waters beyond your group's weakest canoeist.
- 9) Wear proper clothing for cold, wet and windy weather.
- 10) First aid, survival and route finding and canoe/kayak rescue should be taught to all members of the group either before leaving for your trip or during the initial day or days of the trip.
- 11) Be certain your equipment and canoes/kayaks are in good repair.
- 12) Carry spare paddles and every canoe must have a bailer/sponge.
- 13) Securely fasten bow and stern lines (15' each).

- 14) Check your canoe/kayak for sufficient flotation.
- 15) Every member of the group is responsible for another person (Buddy System).
- 16) Every member of the party must know the group's destination.
- 17) The lead and last boats should have the most experienced paddlers.
- 18) On the river follow in single file and on a lake keep close to the shore.
- 19) Group leaders should know the international river grading system and choose trips accordingly.

## Sample Letter for Kayaking Approval

January 13, 2004

Mr. \_\_\_\_\_, School Director  
Ecomarine Ocean Kayak Centre  
1668 Duranleau St.  
Granville Island  
Vancouver, B.C.  
V6H 3S4

**PLEASE NOTE:** This letter is an example of an approval letter for a specific program and school. **NOT** to be used by other schools. Interested schools must receive individual letters of authorization from district staff.

Dear Mr. \_\_\_\_\_,

Further to your conversation with Mr. \_\_\_\_\_, Principal, regarding the participation of \_\_\_\_\_ Secondary School in an Ocean Kayaking Program, please be advised that the school has been authorized to participate under the following conditions:

**a) Instructor Qualifications:**

- Ecomarine kayaking instructors must be qualified in accordance with district guidelines. It is the district's understanding that the Ecomarine Ocean Kayak center of Vancouver will be providing instructors who meet the following district requirements:
  - 1) Have taken an introductory kayaking instructors' course comprising a minimum of 40 hours
  - 2) Possess at least six months kayaking experience prior to instructing students in the course
  - 3) Have received their training from a qualified person in a recognized association within the industry.

**b) Instructor/Participant Ratio:**

- In accordance with district guidelines, the ratio of qualified instructors to participants is one qualified instructor per five participants. School staff {Ms. \_\_\_\_, Mr. \_\_\_\_\_ and Ms. \_\_\_\_\_} are to be included as participants in the 5:1 ratio, and may not be used or designated as a qualified instructor for the kayaking activity.
- As you have confirmed with Mr. \_\_\_\_\_, all instructors assigned to Burnett's program will have a minimum of one year's experience as kayak instructors/leaders, have taken a six day training course with David Weir of the National Outdoor Leadership School [NOLS], will teach students and teachers kayaking skills in groups no larger than five and will do land training when scheduled lessons occur on inclement weather days (gusty, windy, rainy weather).

**c) Environmental Factors:**

- The \_\_\_\_ Kayaking Club may operate only when school participants are being instructed and supervised in a "flat water" [Grade 1] environment where easy, small and regular waves with occasional sand banks and artificial difficulties [e.g. bridges, piers] will be encountered. Permission is not given for school participants to kayak in waters that are designated as Grade 2 [intermediate paddlers] or Grade 3 [experienced paddlers] under the International River Classification System.
- Any swimming done at the kayaking site must be supervised by a person aged 16 or over with a valid bronze cross life-saving certificate.

**d) Equipment Requirements:**

- All participants must wear life jackets that are approved by the Canadian Coast Guard [M.O.T.] or Type I Approved Personal Flotation Device.
- All participants must wear suitable footwear while participating in the kayaking activity. Old running shoes loosely laced are idea.
- All boats must be fitted with sufficient buoyancy to support the full permitted crew and equipment when waterlogged.
- A first aid kit, repair kit and spare supplies must be carried for the party by members of the party.

**e) Participant Qualifications**

- All participants, both students and teachers, should have swimming skills prior to commencing instruction in the sea kayaking program.
- The district acknowledges the requirement that a Release of Claims Waiver form must be signed by the parent and student if the student is to participate.

**f) Insurance Requirements**

- We have been advised by the School Protection Program, the insurance agent for BC School Boards, that the Board of Education (Vancouver Island North) should be listed as an insured party under your liability insurance policy with Protechnical Insurance Services of Vancouver, B.C.

You are requested to confirm by fax message that the Board of Education has been designated as an insured party under your liability insurance policy. Thank you.

Please don't hesitate to contact either myself or Mr. \_\_\_\_\_ if you require any clarification of the above.

Yours sincerely,

\_\_\_\_\_  
Superintendent

cc: \_\_\_\_\_, Principal,  
\_\_\_\_\_  
Secondary School (Vancouver Island North)



## Appendix B: #2:

### Skiing/Snowboarding

Supervision is of paramount importance on all field trips. Field trips like skiing and snowboarding provide unique winter experiences for students but are activities where direct supervision cannot always occur. It is important to provide parents with the necessary information regarding such indirect supervision when planning these activities. Parents should be aware that:

The legal obligation of the Board and its employees is to provide appropriate instruction and reasonable supervision for the safety and care of students which extends to any activity for which Board permission is granted or assumed. Supervision of students during field trips is therefore of the greatest importance understanding that there isn't always direct supervision on such trips.

### Alpine Responsibility Code\*

There are elements of risk in skiing that common sense and personal awareness can help reduce. Regardless of how you decide to use the slopes, always show courtesy to others. Please adhere to the code listed below and share with others the responsibility for a safe outdoor experience.

1. Always stay in control. You must be able to stop, or avoid other people or objects.
2. People ahead have the right-of-way. It is your responsibility to avoid them
3. Do not stop where you obstruct a trail or are not visible from above.
4. Before starting downhill or merging onto a trail, look uphill and yield to others.
5. If you are involved in or witness a collision or accident, you must remain at the scene and identify yourself to the Ski Patrol.
6. Always use proper devices to help prevent runaway equipment.
7. Observe and obey all posted signs and warnings.
8. Keep off closed trails and closed areas.
9. You must not use lifts or terrain if your ability is impaired through use of drugs or alcohol.
10. You must have sufficient physical dexterity, ability and knowledge to safely load, ride and unload lifts. If in doubt, ask the lift attendant.

#### **Know the Code – Be Safety Conscious – It is Your Responsibility**

\*From Canadian Ski Patrol System's Alpine Responsibility code <http://home.istar.ca/~jamie/code.html>

*The Canadian Ski Patrol is bound by it's mandate to uphold the Alpine Responsibility Code (Appendix B, 2A) and the Nordic Responsibility code (Appendix B, IV). Each Code is a short list of items that, if followed, will reduce your chance of injury and enhance your enjoyment of the sports of skiing, snowboarding and cross-country/Nordic skiing.*

*The Canadian Ski Patrol System\*, in cooperation with the Canadian Ski Council, the Canadian Ski Area Operators' Association and the Canadian Ski Instructors' Alliance, hope that all skiers and snowboarders will ski and ride carefully. Remember to keep the Skiers' Responsibility Code in mind as you enjoy your day.*