
HEALTHY SCHOOLS

POLICY

The Board of Education, School District No. 85 (Vancouver Island North) recognizes that healthy, well-nourished and active students experience more success in their learning.

The Board of Education believes that the school has an important role to play in educating students about the importance of making nutritional food choices and about the benefits of regular physical activity.

REGULATIONS

1. Each school is responsible to develop a policy for their school which follows the guidelines set out in this policy.
2. School policy governing the sale of food products to students in school or at school-sponsored events will be based on the September 2007 Guidelines for Food and Beverage Sales in BC Schools [http://www.bced.gov.bc.ca/health/healthy_eating/food_guidelines/], or the most up to date guidelines available.
3. School policy may address other elements of food services for students. (i.e. food on fun days and activities, breakfast and lunch programs, use of food as rewards)
4. Principals will review food services for students annually with the school's staff, Parent Advisory Council and Student Council, if applicable.
5. Each school will implement daily physical activity for students, in accordance with Ministry guidelines.